

TENANT FOCUS

Volume 13, Issue 1
January—March 2019



SACRAMENTO RESIDENT ADVISORY BOARD
1725 K Street #101, Sacramento, CA

SHRA is Closed For Christmas Week

During the office closures, there will be on-call maintenance technicians available for emergency issues only.

Special points of interest:

- Your SHRA office has been given the week off. Be prepared for events in advance, post these numbers
- Save with SMUDs new rates by choosing when to use power
- Keep up on all the ROSS events!

For all non-emergency maintenance requests, please call your local SHRA office and leave a voice message. Your work order request will be attended to upon our return to the offices on January 2.

For After-Hours emergency maintenance, please call 916-449-1288. After-Hours emergencies include:

- ◆ No Water
- ◆ No Power
- ◆ No Gas or Gas smell (call PG&E first)
- ◆ No Heat (below 40 degrees)
- ◆ Toilet Overflow
- ◆ Toilet Clogged (1 toilet in unit)
- ◆ Sink Overflow
- ◆ Smoke Detector
- ◆ Carbon Monoxide Detector (call PG&E first)

Always **Dial 911** for Life Threatening Emergencies

After-hours EMERGENCY Maintenance	916-449-1288
SMUD Power Outages	888-456-7683
PG&E No Gas, or Gas smell	800-743-5000
Sacramento Co. Sheriff NON-Emergency	916-874-5115
Sacramento Police NON-Emergency	916-264-5471
Sacramento Fire Dept NON-Emergency	916-228-3035

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SMUD Time-of-Day (5-8 p.m.) Rate

This rate will become the standard rate for all residential customers in 2019. Some customers will transition to the rate as early as October 2018, with most customers transitioning in early 2019.

What is Time-of-Day?

On the Time-of-Day Rate, you pay different rates for electricity based on

the season and the time of day that you use it.

Rates are lower during off-peak periods because it costs us less to produce or purchase electricity. Rates increase as demand and cost for electricity increase, especially during the summer months.

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ROSS: News & Review

Are you interested in the Resident Opportunities for Self Sufficiency Program (ROSS)? Here are a few Questions and Answers.

FREQUENTLY ASKED QUESTIONS ABOUT ROSS

Q: What Services do we provide?

A: We provide assistance with transportation, money management, child care, education, employment and much more.

Q: How do I get started?

A: Through a referral sent by your Site Manager, by contacting the main referral line at 916-449-6250, or by email at residentservices@shra.org.

Q: How long do I have to wait?

A: After the referral, a Resident Services Technician will contact you for a needs assessment, interview and orientation to provide you with a detailed program description.

Q: Who can receive ROSS services?

A: Any member of a household that is in the Public Housing Program may participate in the ROSS Program (unfortunately this program cannot assist seniors**).**

Attention: Has your phone number changed?

It is very important that SHRA has your current phone number. Please update your contact information at your site office. Updated information allows us to communicate with you in a timely manner about upcoming events and opportunities. We thank you in advance.

The Resident Training Program

The Resident Training Program is currently recruiting for the Paint Program. Trainees must possess a high school diploma or GED, be licensed to drive a vehicle and have a clean driving record. During this two-year training program, you will learn how to:

- Texture and hang drywall*
- Mud and tap drywall*
- Use a spray machine*
- Refinish countertops*
- Prep building interiors and exteriors for painting*

Provide quality customer service...and much more.

According to Indeed.com, painters' salaries range from \$17.00 - \$32.00 hour in Sacramento. What's more, now is an opportune time for women to enter the construction trades. We are also accepting applications for the Clerical and Janitorial Programs. To learn more about the Resident Training Program; contact Linda Ray, Resident Training Program Supervisor today at 916-449-6333 or lray@shra.org.

Continuing Events

Sacramento Food Bank

Sacramento Housing has partnered with City Church to bring a free monthly food distribution held in the Marina Vista Community Room. The food distribution is held the fourth Thursday of the month from 1:00 PM to 2:00 PM in the Marina Vista community room. See you there!

Now Accepting Applications

City Of Sacramento Youth Employment Opportunities

Landscape & Learning Ages 14-17 (L & L)
Workforce Innovation & Opportunity Act (WIOA)
Applications available at Belle Coolidge Community Center 5699 S Land Park Drive
or Call 916-808-6023 for emailing options
Register online
www.cityofsacramento.org/parksandrec.

Crossroads Out-of-School Youth Employment Program

Are you a young adult between the ages of 18-24?
Are you interested in building employment skills and gaining first-time work experience?
Contact Crossroads Job Center
7011 Sylvan Road, #A
Citrus Heights, CA 95810

Youth Voices Contest

Strategies for Youth invites young people ages 12 – 18 to express their views on how to improve police

and youth interactions, in a national writing and art competition with cash prizes.

Submissions can be: an essay, a drawing, a painting, a cartoon, an animated cartoon, a photograph, a sculpture or a collage. Please contact Resident Service for more information at 916-449-6250.

Golden1 Credit Union Scholarships

Golden1 Credit Union has college scholarships. To learn more or apply please go to golden1.com/scholarships

ROSS Upcoming Events

FSS NeighborWorks Workshops

When: March 13, 2019 Homeownership
April 10, 2019 Building Your Credit

*More workshops will be announced

Where: Location To Be Announced

Science, Technology, Engineer, Art and Mathematic (STEAM) Program

Resident Services is registering students grades K-College for our STEAM program. Students participating will collaborate with other students of the same age to solve problems using creative problem solving skills. The best ideas and solutions will win this year’s STEAM program and compete with students from across the nation. Students will learn the science, technology, engineering and mathematics needed for their solution. They will use art to present their work. Students will learn teamwork, problem solving and leadership skills.

VITA Free Tax Services

Get your taxes done for **FREE**. In-person or online options available.

1. In person at a Sacramento area tax preparation site (if your household income was \$54K or less in 2017). See tax preparation site locations and dates listed below.

2. Online at MyFreeTaxes.com (if your household income was \$66K or less in 2017). The website sponsored by United Way and powered by H&R Block software saves users an average of \$200 in tax preparation fees. All you need is a valid email address, your adjusted gross income (AGI) from the previous year, and your income forms such as a W2, 1099, 1098, etc.

To schedule your free tax preparation appointment, call 2-1-1 (for Sacramento county residents only) or 916-498-1000 or visit www.freetaxhelp.us.

Things to Do

Global Winter Wonderland

When: November 19, 2017 – January 8, 2018

Where: Cal Expo 1600 Exposition Blvd
Sacramento, CA 95815

Women’s March Sacramento 2019

When: Saturday January 19, 2019

Where: California State Capitol
10th and L Streets

Time: 10:00 AM – 3:00 PM

First 5 California Grants

Do you have an idea that can bring about change in your community? Do you have an interest in developing a concept that can benefit the whole family while targeting toddlers? Good news! First 5 California has grants for individuals who want to create and implement activities or programs that will benefit ages 0-5 year olds. Contact your Service Coordinators for more information about how you can apply for these grants.

Free Kit for New Parents from First 5 California
The FREE Kit for New Parents includes the Advice for New Parents DVD, Puppy and Friends touch-and-feel book, and much more. Kits are available in English, Spanish, Cantonese, Korean, Mandarin, and Vietnamese.

To get your free kit call 1800-KIDS-025.



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Type address here or use Mail Merge to automatically address this publication to multiple recipients.

Tenant Advocates

NOTICE OF SRAB QUARTERLY MEETING

The next Sacramento Resident Advisory Board Quarterly Meeting has been set for **1:30 pm on January 25 2019** at the: All Seasons Café 1725 K Street, Sacramento, CA 95811

A light lunch will be served at 1:00 pm for those who arrive early

ARE YOU TAKING ANY MEDICATIONS?

Pharmacogenetic (PGX) Testing:

The science that allows us to predict a response to drugs based upon an individual's genetic make-up

A simple 2-minute swab test can determine what medications work best for you.

- Every year 2 million people in the U.S. are hospitalized due to adverse drug reactions
- 125,000 die annually from adverse drug reactions
- 4th leading cause of death
- Prescribed drugs are only 60% effective



FOR MORE INFORMATION CONTACT YOUR INDEPENDENT REPRESENTATIVE:
GERALD BOOTH 916-289-4093
GERALDBOOTH1@GMAIL.COM WWW.MEDXPRIME.COM/GBOOTH

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TOD rates help you control your electric bill when you:

- ◆ Shift your electricity use to lower-cost off-peak times
- ◆ Use less electricity during the 5-8 p.m. peak hours
- ◆ Reduce your overall usage

How can I sign up for Time-of-Day?

If you own or lease a rooftop solar system or plug-in electric vehicle, you can enroll now. Otherwise, you can submit an interest form for early enrollment.

You can also find information about our Time-of-Day (4-7 p.m.) Rate. This rate closed to new enrollments as of December 31, 2017.