

# TENANT FOCUS

Volume 15, Issue 4  
July – August 2021



SACRAMENTO RESIDENT ADVISORY BOARD  
1725 K Street #101, Sacramento, CA

Printed 6/18/2021

## Zoom into a Meeting

### RESIDENT COMMITTEE MEETINGS

The SRAB has subscribed to Zoom for on-line resident meetings so people can see, talk, and share with each other. You can join by laptop, tablet, or by phone.

You are not required to download the Zoom app, nor do you have to have an internet connection.

If you have a smartphone, tablet, or a computer and want to see and be seen, log into the meeting via a browser such as Chrome or Firefox and go to:

<https://us02web.zoom.us/j/89427240352>

The meeting ID is: 894 2724 0352

By using a standard phone you can dial 669-900-9128 (San Jose) and join with voice only. You will be able to hear and talk in the meeting.

Please review the chart on page 2 for your committee meeting date and time.

Follow the instructions after the call is connected.

Meeting ID: 894 2724 0352#

Please Note: Your phone provider may charge you long distance rates.

#### Inside this issue:

Resident Meetings	1
SHRA Stuff	1
SMUD	2
COVID & Medicare	3

### GOVERNMENT AND SHRA INFO AND NOTES

Here is a link to an article about the governor's **Stay-at-Home** order:

<https://sacramento.cbslocal.com/2021/06/12/gov-newsom-signs-order-officially-marking-end-of-california-stay-at-home-order/>

#### In Summary:

*The governor's office said Friday that 90% of Newsom's executive orders issued during the pandemic will be lifted by the end of September.*

*The first batch will end June 30, including an order that waived license applications for manufacturers so that companies could quickly start making new things - like hand sanitizer - to address shortages during the pandemic.*

*The second batch of orders will lift July 31, including an order that suspended in-person visits by state workers who care for vulnerable communities.*

*The final batch will end Sept. 30, including an order that suspended portions of the state's public meetings law to let local governments meet and vote virtually during the pandemic. SHRA's mask policy is still in full effect for all common areas.*

**SHRA Emergency/After-hours** contact number: 916-449-1288

**What is an emergency?:** No water, No power, No heat (below 40 degrees), Toilet overflow, Toilet clogged (if only one toilet in unit), Sink overflow, Smoke Detector beeping (no smoke).

If you have no gas, a gas smell, or a carbon monoxide detector going off call PG&E at 800-743-5000.

#### **Mirasol Village** (Twin Rivers)

Construction of Mirasol Village is underway with Phase 1 estimated to be open in late 2021 or early 2022.

Monument LLC is overseeing the right to return process for the tenants moving back to the village. Jeremy Nied is the transitional project manager.

The RAB has two members on the SIMPL Leadership Council and will provide updates as they develop.

(Continued on page 4)



**ILLEGAL ACTIVITY IS NOT TOLERATED HERE**

TO REPORT CRIME ANONYMOUSLY, CALL

ANONYMOUS **WetIP** SE HABLA ESPAÑOL

**1-800-78-CRIME**  
2 7 4 6 3

**WWW.WETIP.COM**

**UP TO \$1,000 REWARD**

## Resident Committee Meeting Schedule



Committee Meeting	Day	Time	Date	Date
Alder Grove zoom meeting	Thurs	5:30 – 6:30pm	July 15	Aug 19
Arden Arcade zoom meeting	Wed	2 – 3pm	July 14	
Capitol Terrace zoom meeting	Tue	10 – 11am	July 20	Aug 17
Colonial Heights zoom meeting	Mon	10:30 – 11:30am	July 15	Aug 16
Comstock zoom meeting	Mon	1:30 – 2:30pm	July 15	Aug 16
Edge Water zoom meeting	Tue	3 – 4pm	July 13	Aug 10
Gibson Oaks zoom meeting	Tue	2 – 3pm	July 20	
Gran Casa Linda zoom meeting	Wed	2 – 3pm	July 21	
Marina Vista zoom meeting	Tue	5:30 – 6:30pm	July 27	Aug 24
Paradise Manor zoom meeting	Thurs	1 – 2pm	July 15	
Pine Knoll zoom meeting	Tue	2 – 3pm	July 13	Aug 10
Rio Linda zoom meeting	Thurs	10:30 – 11:30am		Aug 12
Riverview Plaza zoom meeting	Thurs	3 – 4pm		Aug 19
Sherman Oaks zoom meeting	Mon	3 – 4pm	July 12	Aug 9
Sierra Vista zoom meeting	Thurs	2 – 3pm	July 15	Aug 19
Sun River Communities meeting	Wed	1:30 – 2:30pm		Aug25
Suttersview zoom meeting	Mon	1:30 – 2:30pm	July 26	Aug 23
Washington Plaza zoom meeting	Thurs	1:30 – 2:30pm	July 22	Aug 26

### Do you have Medicare *and* Medi-Cal?

If you do, you may qualify for a health plan that can help you get:



**Glasses**

**Dental work**



**Transportation to the doctor**

**Ask me for details!**

**Gerald Booth 916-289-4093, Ca./ Ins./ Lic. # 0F96671**

### SMUD

Energy assistance rate

Eligible low-income customers can apply online for our Energy Assistance Program Rate which provides a monthly discount based on household size and income.

We've recently adjusted our guidelines so more customers can qualify.

See if you qualify on line.

<https://www.smud.org/en/Rate-Information/Low-income-and-nonprofits>

MED-Rate discounts are available for those with medically required devices that use electricity. Some restrictions apply.

**What Does Medicare Cover for COVID-19 Care?**

Medicare covers several important things when it comes to Coronavirus and COVID-19 care, including testing, the vaccine and some treatments and hospitalizations.

**Medicare covers the COVID-19 vaccine**

If you are currently enrolled in Medicare, you can receive the COVID-19 vaccine at no additional cost to you. The Centers for Disease Control (CDC) has identified older adults and people who have severe chronic medical conditions as groups that are at higher risk for COVID-19, which means most people with Medicare are at higher risk and able to receive the COVID-19 vaccine.

Check with your local health department on the status of COVID-19 vaccines in your area, and be sure to bring your Medicare card so that your doctor, hospital or other health care provider can bill Medicare for your vaccine.

**Medicare covers COVID-19 lab tests**

You pay no out-of-pocket costs for COVID-19 detection tests when you are enrolled in Original Medicare. The test must be from a laboratory, pharmacy, doctor or hospital. In some cases, a home health nurse or otherwise appropriately-trained medical assistant may collect your test specimen for you in your home.

Medicare covers these tests at different locations, including some drive-up test sites such as "parking lot" testing locations, and Medicare Advantage Plans cannot charge you a copayment, deductible or coinsurance for COVID-19 detection tests.

**Medicare covers COVID-19 antibody tests& treatment**

Medicare also covers FDA-

approved Coronavirus antibody, or "serology", tests. These tests are to see if you have developed an immune response to COVID-19 and may not be as high of a risk for infection or reinfection.

If you have tested positive for COVID-19 and have a high risk of progressing past a mild or moderate state, Medicare Part B will also cover COVID-19 monoclonal antibody treatment. You pay nothing for this treatment when you receive it from a Medicare provider or supplier.

**Medicare covers medically necessary hospital stays**

If you require hospitalization due to Coronavirus, Medicare Part A helps to cover your inpatient hospital care. The hospitalization must be from an official doctor's order, and the hospital must accept Medicare. You may still have to pay for applicable deductibles, coinsurance and/or copays, but you will receive Medicare-covered services such

as meals, general nursing, semi-private rooms and other services that are needed as part of your Coronavirus inpatient treatment.

**How do I know what Medicare will cover for me?**

The U.S. Centers for Medicare & Medicaid Services (CMS) has confirmed that Medicare will cover the COVID-19 vaccine, COVID-19 lab tests and medically necessary inpatient care due to Coronavirus-positive illness. Be sure to review your individual Medicare plan(s) to confirm benefit details and available doctors and health networks in your area for testing and treatment, and stay up-to-date on local availability and requirements for COVID testing, treatment and availability.

If you are unsure about your Medicare coverage, or would like help confirming available benefits and Medicare networks in your area, consult with a trusted local Medicare specialist today. Kerri Stafford 206-412-5633 CA LIC# 0I32135



**Med+Aid Pharmacy**

**3100 Stockton Blvd. Sacramento, CA 95820**

**Phone 916-736-3188**

**Free Delivery For Easy Transfer, Call Us!**

**We accept Medical, Medicare and Most Insurances!**



Sacramento Resident  
Advisory Board  
1725 K Street #101  
Sacramento, CA 95811

PRSRT STD  
U.S. POSTAGE PAID  
SACRAMENTO CA  
PERMIT NO. 2010

Phone: 916-443-5547  
tenantfocus@sacrab.com  
http://www.sacrab.org

Tenant Advocates

Type address here or use Mail Merge to automatically address this publication to multiple recipients.

## NOTICE OF SRAB MEETING

The next Sacramento Resident Advisory Board **'Quarterly Meeting'** has been set for 1:30 pm July 23, 2021

This meeting will be conducted via Zoom video call. From a **PC, Mac, iPad, iPhone or**

**Android** device go to:

<https://us02web.zoom.us/j/85002786198>.

We ask that you mute your mic except when you are asked to speak. We will enable presenters at 1:30, please join the meeting before that time.

Or join **by phone:** Dial 669-900-9128  
**Webinar ID: 850 0278 6198#**

*(Continued from page 1)*

### Pet Policy At A Glance

Your pet must be registered with SHRA before it moves in.

You must have a pet agreement, deposit if applicable, color photo of pet, proof of spay or neuter, up-to-date shot records from a Vet, applicable City/County license must be provided for each pet.

Pets must be on a leash or in a closed container at all times in common areas Residents must pick up after their pets.

Guest pets are not allowed on premises under any circumstance. Residents are allowed 2 pets.

**The 2019 California Fire Code restricts BBQ grill use**—and the use of any open-flame cooking device—in the following ways:

- Open-flame cooking devices can't be operated on "combustible balconies."
- At least 10 feet of clearance is required between active grills and "combustible construction."
- A maximum of 1 gallon propane tank (camp

stove size) may be used on the property.

- Charcoal, lighter fluid, and propane gas may not be stored in your apartment. It must be used when purchased.

Please stay safe for the holidays.

This issue of the Tenant Focus begins a series of listing the contact info for each region. We begin with Region 4. The next issue will be Region 1.

Contact Names and Numbers and email for **Region 4 Communities:**

**The Mill:** 916-449-6307

CPR: Sade Cook, scook@shra.org

CSR: Samara Brown, sbrown1@shra.org

**Rio Garden:** 916-449-6326

CPR: Hiroji Pratt, hpratt@shra.org

CSR: Jamberlynn Beauchamp, jbeauchamp@shra.org

**Sun River:** 916-449-6310

CPR: Wiley Rowe, wrowe@shra.org

CSR: Sheena Warford, swarford@shra.org

Regional Manager: Maria T. Velazquez,  
916-449-6384, mvelazquez@shra.org

Portfolio Manager: Diana Pop,  
916-449-6223, dpop@shra.org